

Personal Equipment Checklist

(Mark all items with your name and ward)

Things to consider when packing for camp: **No iPads, cell phones or other electronic devices will be allowed at camp.** YW camp is a time to "get away from the things of this world." Please leave these items at home.

Behavior Standards:

All Camp Participants will show respect for the property of the camp facility as well as the property of all other camp participants. They will be respectful in demeanor, language and actions toward adult leaders and all other young women; and will participate in all camp activities to the best of their ability. Young Women will pair off in groups of three or more if they ever need to leave their larger group. Staying up all night (pulling an all-nighter) will no longer be allowed at camp for ANY levels. All camp participants agree to follow this rule, and will go to sleep at the time indicated on the schedule. Camp is a place to develop a testimony of Jesus Christ, build friendships and learn skills. It is not a place to foster and develop physical relationships. Any flirting or romantic physical touch is not appropriate. All Camp Participants will follow the guidelines found in Standards For Youth in their dress, behavior, and language. "When you are well groomed and modestly dressed, you invite the companionship of the Spirit and you can be a good influence on others." - SFY

Suggested Clothing:

- Pajamas
- Socks and underwear
- Two pair of closed-toed shoes
- Water shoes/Flip-Flops
- T-shirts (at least 4)
- Long shorts, capris, or pants
- Sweatshirt or jacket
- Swimsuit (Modest that you can be active in)
- Swimsuit Cover Up
- Baseball cap, hat, or visor
- Poncho, raincoat

Personal Items:

- Washcloth and two towels (one for shower, one for swimming)
- Toothbrush, toothpaste
- Soap and shampoo/conditioner
- Deodorant
- Sunscreen
- Insect repellent
- Hairbrush/comb
- Hair accessories – elastics
- Lip balm
- Baby wipes/antibacterial wipes
- Feminine hygiene products
- Pocket pack of tissues

Suggested Bedding:

- Sleeping bag and pillow
or
- Twin bedding, blanket/sheet and pillow

General Equipment

- Scriptures (bring them in a Ziploc bag)
- Flashlight (with new batteries)
- Backpack
- Pin** from Camp Kick-off
- Camp chair/lawn chair
- Life Jacket**
- Journal or notebook
- Pencil or pen
- Two large garbage bags (for dirty clothes and/or mattress cover)
- Sunglasses
- Watch
- Camera (optional)
- Water bottle** (Camp will not provide one)
- Personal First Aid Kit (can fit in Ziploc - Suggested items: Band aids, gauze, 1st aid tape, Neosporin, alcohol wipes, ace bandage)

**All YW and Leaders bring a sack lunch
for 1st day of camp!**

Personal Medications

**Note all prescription meds need to be in their original containers and given to the camp nurse at check-in

Please pack all clothing/personal items in a duffle bag if possible. They are much easier to transport than suitcases.

ONE duffle bag, ONE backpack & ONE folding chair per Young Woman